OK, so I'm going to introduce

everybody to the webinar.

So my name is

Sarah Botterill, and I am

the marketing manager for

free services at AbilityNet. It has

been a real collaboration bringing

this webinar together

in what are - as we are all

aware - quite unusual and challenging

times. So a massive thanks to

our own volunteer, Lawrence, for joining

today, and also to

everyone at the Stroke Association, who

has worked really hard

to pull this together. We're joined today

by Laura, and there are

some other people, as well

who have helped to

put this webinar together who have joined from the

Stroke Association as well. So

welcome, everybody.

I will just ask

Laura, would you like to just say

a quick hello?

Hi,

everyone, I'm Laura, I'm a helpline

officer for the Stroke Association

I'm just going to be talking a little bit about a

couple of apps today in the

webinar.

Fantastic. Lawrence,

do you want to say a quick

hi?

Hello! Yes, I'm

Lawrence, I'm a volunteer

for AbilityNet, and

have been working quite

closely with Yvonne Hobbs

at the Stroke Association in Milford-on-Sea

Brilliant, thanks

Lawrence. OK, so

we will move into the webinar now. I will just

give you a quick overview. So the webinar is

going to explore

how technology can help

stroke survivors and people caring

for them. Just before we start

a little bit of

housekeeping. So live

captions are available

during the webinar. After the

webinar, we'll be making

all the slides available - there are a couple

at the end that have got some

really brilliant sign

posting to further information from ourselves and

from the Stroke Association, so

we will be making those available

afterwards and you should receive an email

which will have all the links as to where

you can find that. As Mark has already said

please use the Q&A window to ask questions.

If you've got general

chat, there is a chat box

there, and my colleague, Mark, is

monitoring that for me, and

we'll also be requesting any feedback afterwards

which will help us to continue

improving our

webinars going forwards. So

welcome, everybody. So,

in terms of what we're going to cover

today, we are going

to cover why we're

working together, why this

partnership is so important,

and as Lawrence said, he has been working

very closely with the

local group in Milford-on-Sea and I will just

be asking him a few questions about that and how that has

been going. We are

going to share My Stroke Guide,

which is a fantastic online

resource from the Stroke Association, really helpful, and

it also acts as a gateway

to some online

support from Stroke as well

Then Laura will give us an

overview of some apps which

are useful, and Lawrence

will briefly introduce us to

some alternative input devices,

which are particularly helpful

for people who are stroke

survivors. And then there will

be some time at the end for a

Q&A. But in the meantime,

yes, do keep popping stuff

in the Q&A box, or

- yeah, and we'll carry

on from there.

So first, a poll - we will be

having some polls as

we go through

today.

I'm just trying to launch the poll and

I'm having a problem here. Hang

on one second.

OK, Mark, I'm just struggling to launch the poll?

Have you got the polling

window up on screen?

I have, but it

won't let me drag it

up.

Did you want to try

and minimise the

presentation?

Yes, OK.

No, I can't see it at all - apologies

everybody, just a few

technical issues here.

I'm just going to end the show

for a second. And see

if I can go

back. ..to polling.

OK, can everybody see a poll

on screen now?

Mark, can you see the poll OK?

It hasn't appeared for me. Have

you clicked the 'launch poll'

button?

I have, yes.

I can't see it

either.

Nobody is

saying they can see it.

It is saying 'in progress' on

my screen.

Do you want to stop the

poll and see if you can relaunch it?

I think it is the same for everyone - I'm get

ing a lot of messages

in chat saying they can't see

the poll.

OK. 'Relaunch poll', here

we go. Can everybody see it now?

Yes, there you go. I think everyone should

be able to see that now.

OK, sorry

about that, everyone

So there are a few questions here.

I'll just run through them

while everyone has a quick go

at responding. So we just want to

know why you are attending the webinar -

are you a stroke survivor?

Health care professional? A carer

Or other? And in the

case of 'other' if you don't mind

just popping something in there, in the chat

window, that would be great. So I'm

just going to allow another

30 seconds or so to

allow everyone

time to respond.

So we've got quite a

few 'other', and

a couple more seconds and then I will just end the poll.

So can everyone see the

results there?

I think you just hit 'share results

OK, thanks

Mark. Is everybody able to see

the results? So I'll just run

through them. So we have

got 33%

health care professionals,

2% carers, 10

stroke survivor, and quite

a few 'other.' So it will

be interesting to look at that in a bit more

detail and send

some feedback on that. So thanks

everyone, for taking

part. I'm just going to go back to

my presentation now.

Is everybody OK with seeing my

screen now? It should

have something that says, "Working in

partnership." So this is

just to talk about why AbilityNet and

the Stroke Association are

working together.

We're a really good match in terms of

organisations. Lots of

passion across both organisations,

and one of the things that we have

in common is that AbilityNet

have a strong local footprint in terms of the

IT volunteers who we have working across the

UK and as I probably

mentioned, Lawrence has joined us

today. In normal circumstances

they would be offering free at-home support

- we're obviously not able to do that

currently. But it is business as usual for us, and we are offering

a free

helpline still at this time, and our volunteers are also

able to provide

remote support. So, yes

in terms of the Stroke Association,

similarly, they have

a strong local network of support groups and I know

there's lots of work going on in terms of

promoting where people can continue to get support

and there are some slides coming up

on that later. AbilityNet exists to

create a digital

world which is accessible to

everybody, and use

our IT expertise to help

people get online and to adapt

their technology, including for stroke

survivors. The Stroke Association, as I've

mentioned, offer amazing

online support through My Stroke Guide

and we will be giving you a quick

overview of that later, but there is all

sorts of information, support and access

to other people who you can connect to

with that as well. In terms of

AbilityNet, we support people living

with any disability or impairment to use technology

to achieve their goals. Primarily today's focus

is at home, but we also do that for

people who are in work or

in education as well.

And the Stroke Association has a

strong focus on helping people

rebuild their lives after a stroke

So, Lawrence, just

a reminder to pop yourself off mute

there. Great, so

Lawrence, it would be great to hear a little

bit about the work that you have been doing

locally in Milford-on-Sea. So when did that

relationship start and how did

it start?

I have been working with

Yvonne Hobbs

at the Milford-on-Sea Stroke Association

for two years

It started as a result of

an AbilityNet client that I was asked to help

by the

village agent for Age

Concern. He is a 90-year-old

man who was writing a book and who

had problems with his laptop

And after that,

you know, that was successfully

concluded, I then had a contact

from the village agent again

saying that the Stroke Association in Milford

had been donated some iPads and

could I possibly talk to

Yvonne Hobbs about

helping? So we had a series of

sessions and decided that what

we would do would be

to start off with a presentation day

where we presented

how to use an

iPad.

That particular session, I thought

didn't go as well as it might have done,

mainly because people were looking at me

rather than the screen, but I

do think some things were got out of it

But then what happened after that is that we

started to work on a one-on-one basis

which was a lot more successful

in imparting knowledge

to people.

And in terms

of - so that is quite a regular thing now,

isn't it? How often do you

get together in terms of - is it monthly,

is it weekly? Tell us

a little bit about that

regular ongoing connection?

Well, it

started off weekly, but once we

got beyond the stage of getting

the stroke members

a bit better up to speed and able

to use their devices, it then

changed to monthly and each month the idea is that

the people

elect to come and talk to me about

issues or problems

that they may be having,

and we work on

resolving those problems.

But if it needs to be more often, then it

happens.

That's great and

I think that is quite an important point, isn't it,

because one of the things that we try and

do at AbilityNet is to empower people so that they can

learn themselves. So you are just there, it sounds

like now, for a bit of

trouble-shooting.

And it's also

- I mean, we're

quite flexible. So at one point we had

a stroke survivor that had moved house, and

BT had left him without

internet, television,

no access at all. And I was able to

visit his house and get everything up and

running again.

Brilliant. And that's one

success, but maybe you would like

to share with us one of the

biggest successes that you have had - it would

be great to hear about that in terms of working

together?

Yes, certainly

I mean, one of the - one of the most

amazing things to me was

learning

about the stroke survivors and the fact that

inside their head they are just the person

that they used to be

all the time.

The thing that's needed is

gaining their confidence

and their ability to work with

me, as an

instructor. So in many ways the biggest success was

actually getting the confidence from those people

and then,

from moving on to that, it was a

lot easier to instruct them on not only

the devices, but various

different apps that can help. I've

worked in IT since

1971, which

makes me old! But finding an

app for somebody is not the difficult thing

the difficult thing is

getting it started in the first place,

and gaining the confidence of the people to actually

work with their

devices.

It is about relationship, I think,

in the same way that Stroke Association

and AbilityNet are working together,

and I wonder if there have been any

particular challenges along the way

Can you tell us about a challenge you

faced and how you

overcame that?

Yes, I mean,

the challenges are

helping the people to learn and realising that

there is no one-size-fits-

all, and different people have

different skills and disabilities. So

the challenge is finding the right way of helping

each individual

overcome their particular disability

as a result of a stroke, and

using the computer to communicate

so that technology can

help them.

Great

OK. So I'll

just move on now to My Stroke Guide

which we've talked about a little bit already

As I say, it is a

fantastic resource for people.

It is a web-

ased app for stroke survivors and, as

I say, it gives

access to online forums

and very importantly

it was an exercise in co-creation, so

it is something that has been

created by the Stroke Association, but with and for the

people who really need it

It is free, trusted

information, there is an online

video library, and you do need to

register for it, but that's quite a

simple process, and then you will have access

to lots of free online

information and the ability to

connect with others. So

hopefully, this will work. I have

a video embedded

in this presentation. As

a demo.

Mark, for some reason that is not

working?

Can you hover just on the bottom left

of the video just to see if it brings

up controls?

It is not, no.

Can you exit the presenter view

to see if you can play it?

Oh, yes, that is working, OK,

great. Thank you.

Well, it is showing the 'play'

button now, but it is still

not doing it.

Sorry, folks, just bear with us.

Yes, Mark, it is not doing anything, I'm

afraid.

I guess we can

either share it afterwards, or

otherwise you could try and bring it up in

your browser, but you would need to

share the screen you are sharing

OK

yes.

This worked in rehearsals. Best

played plans, everybody! Just

give me one second and I will see if I can bring

it up in my

browser.

You will just need to hit

the 'share'

button again and

find the window with the video

in it.

'New share

is that the one?

That is it.

And if I hit desktop at times

desktop...

And play. Let's see if I can make

this full screen.

Association everyone.

It

hasn't updated for me. I'm not sure

if it is just a slow connection

but I can still

see the presentation.

OK, right

well, I think what we will do is

we'll share a link

to that afterwards, because I'm having

a few technical

gremlins here! Sorry

everybody. Just

bear with us. I'll just try

one more time.

Yeah, it is showing as it should play,

but it is not working

for some reason.

So we'll go back to my

presenter view. OK, really sorry about

that, everyone.

We'll just move on to

our next poll.

OK, I'm just going to launch the second poll

and see if everybody can see that. Mark

can you see that one

?

Yep.

Great. OK, so

I'm aware we haven't actually been

able to show the video, but

if people could just tell

us if they were aware of

My Stroke Guide before, or

no, and whether you would

be interested in

using the resource and, as I say,

we'll share the video

afterwards. But it really is a fantastic way of

keeping in touch and finding out

more free information. So

I'll just give it

another few seconds for everybody to hit their

answers in that

one. I can see the

numbers still

changing.

I'll just give you another five seconds.

So another couple of seconds now.

Great, so I'll

just share the results with everybody. It

looks like we've got an almost

50/50 split there in terms

of people

who were aware of the resource before.

So 52% versus

48%. Lots of interest,

which is fantastic to see. So 38%

very likely to use it

now, and 46%

likely. 15

undied, and unlikely,

2%. So as I say,

we'll share the details afterwards

and the links will be

at the end - we will share some links so that you can

get access to all the details for that.

So, Laura,

if you are ready, I will just

hand over to you to talk us

through some of the apps that you have been researching

for us. You'll need to come off mute

if that's OK.

Thanks, Sarah

that's great. Yeah

so hi, everybody. One of the apps that I have been looking at

is specifically an

aphasia app for people

affected by stroke. This

app is called iName it and what

it does is it

helps individuals who have difficulty

recalling the names of common items found in their home. So

basically the way the app works is

you can select from five different

rooms - so the bathroom,

the bedroom, the garage, the

kitchen and the living room, and

in each setting there's

ten objects that you can

identify and each object has five

levels of cueing. So, for example,

in the bathroom, you can click on

the bath and then you would

get five different cue types. The

first one might be a word completion -

so you might be given the first

two letters. So 'BA'

and then you would be asked to fill in the next

two letters. Semantic

- so 'where

you soak to get clean

'

Phonetic, so

B-A-T-H, so

they would spell it out to you. A

word completion, so "Go soak

in the..." And you would fill in the blank

And then related, so something

related to the meaning of the object, like

bathtub. So I feel

like the app would be really

useful for people who have aphasia

because it helps them to practice

finding words that would help them on a daily

basis because these are common household objects

and yes, it is just kind of

very, I suppose, practical

and has very everyday

applications for people.

So a speech and

language therapist can help people who have got

communication problems, so they can provide specific

advice for people that

have got communication problems

but the app is a good way, perhaps

of practising those words

in your own home

and you can access that

on

iOS. It is only available on iPad.

I believe it is free to

download. So that's - yes,

that is the first app that I've been

looking at.

And, Laura

there are many more, aren't there

And there is a link there

to our blog post and

I think you

shared - again at the end of the slide deck, there is

a link to a quite large online

resource so people can have a look around and

find an app that suits them,

is that right?

That's right, yeah, this is

just one app of many different types that

you can get. We would always encourage people to speak to

a speech and language

therapist to get

specific exercises but these just give you

a bit of an idea about things

that you can practice in your own home.

Brilliant, OK. So if I move on to

your next category - if I can, hang on!

There we go.

Yes, so

the second app that I looked

at is the

Cozi Family organiser,

specifically for people who have got

cognitive problems. The purpose

of the Cozi

Family Organiser is it helps

to kind of co-ordinate everybody's

schedules. You can track shopping lists

you can manage to-do lists

you can keep everybody

on the same page. I feel like the

app would be really useful for somebody who has got

memory problems, perhaps,

or finds organisation difficult, because

the whole family can use

the same app and everything gets kind

of synced together. All

you have to do is basically download the app,

creates

create an account and then

everybody's schedules go into one main calendar, I suppose

So everybody can kind of see what

each other is doing.

This one is available on Android

and iOS so you can get

it on both, both kind of

set-ups. And

it is free, as well,

to download.

Great. And

again we will be sharing some details

after the webinar of

where people can find details

of other similar apps which might be

useful to them. Thanks for giving us

that overview. If

you just pop yourself back on mute

that would be fantastic, thank you.

So we come to our

third poll now.

I'll just get that one set

up for everybody.

So this is just to ask about how

your stroke has impacted you

or somebody close to you.

It would be really interesting to find out a bit more

information about your own

personal experience. So I'll just

launch the poll.

think you'll see there are some

options coming up there. So we've talked a little bit already about

aphasia and some of the language issues that

people can face. Obviously

that can cause anxiety as well

Many people will experience

muscle weakness, cognition -

we've talked about cognitive understanding

and fatigue. So

yeah, it would be great if you could just

answer those, and I

think you should be able to answer

to tick multiple options here as well.

So as before, I'll just give you a few seconds to

answer some of those questions.

I'm getting quite a lot of 'others

here as well. So again

it will be interesting to see

 to look into that afterwards and

see what your personal experiences are

A couple more seconds.

So I'll just end

the poll there.

OK, I'll just share the results with you.

As I said, there's quite a lot

of 'other' coming up here

and that is what Lawrence was saying,

actually, and something that we are very aware of

- that everybody's experience is individual and

unique. I am seeing some

communication issues, 12%, people being

affected by that. So, yes, we will be

interested to look at that in a

bit more detail

and share that information afterwards

So, Lawrence, back to you. I think

you were just going to

give us a very brief

overview of some input devices and some

adaptations which you are familiar with.

So if you could just give us a brief overview

here, that would be fantastic.

Yes

sure. The first device I

wanted to talk about is

OrCam. I should have listed

that amongst the successes

because one of the stroke

survivors at Milford actually

purchased one of those - it was fairly

difficult to get it set up

properly, but once it was set up, it

really works quite

well. The

device comes with a pair of

spectacles that are clear-

ensed and you

point - you look at the page or

screen that you want to read

and you hold your hand

out and point

at the page, object

or screen that you want

it to talk to you

about and the device

then takes a picture and

from the picture it

reads the

content.

It works pretty well, actually, but

it is quite expensive. I think it's

more than £3,000. But they have

now brought out a new device, which is

a handheld one, so if

you don't wear glasses, you can

hold this in your hand and it works in exactly

the same way.

Speaking email is a

app that will speak the content of

your email

inbox. It's quite

inexpensive - £20-odd

I think, for

a year - and

again, it's one that has

to be set up carefully so

that the speed is right and

the type of voice is right. But it will

actually do as it

says on the tin - and it is

quite good and

not expensive. Sounding

Board is an icon-based app. It only runs on

iOS and iPads or

iPhones, and

it is icon-based and you are presented with a screen

with different pictures on it.

It may well be that you have a picture of

a bathroom, it may be a bedroom, it could be

something you want to do -

the choice is yours in terms of

what you can get and you touch the

icon and it speaks

pre-recorded behind it.

The app itself comes with

a standard set of

icon s

but if they are not

appropriate it is possible to actually create

your own specialist

ones.

OK.

I think what would probably

be a good idea is in the response

that we send after this, I could - we could put the

contact details for each of these

items.

Yes,

that would be great, thanks, Lawrence.

Just another example of how technology can help

there. Brilliant, thanks, Lawrence

If you want to pop

yourself back on mute, that would be great

So this is our fourth and final poll, which

I will just launch now.

So this is to find out if you are

interested in

following up with some information

on this, specifically

to do with how technology can help stroke survivors, and also

if you are interested in some support from

an AbilityNet volunteer in the

future. As I say, in normal circumstances

we would be providing

that face-to-face, but

it is very much business as usual and we are

still here to support anybody

remotely and through the helpline and with a variety of

online resources, which we will happily

share with people as well

So

I'll just give everyone another few

seconds to just respond.

OK, just a

couple more.

I'll share those results with everyone. So

yeah - fantastic response

So in terms of specifically relating to

people who are stroke survivors,

huge appetite in terms of finding out

- 94% of

people interested in finding out how

technology can support them there

and then in terms of

support from an

AbilityNet volunteer, roughly a 50/

50 split there, so

49% saying yes

and 51% saying no. So

that's fantastic, and

there will be lots of ways of

getting in touch, as we say, at the end

of this presentation. So here we come to

our Q&A. Just a reminder

for this section to

please use the 'Q&A

window and not the '

chat' window there, and I will

just go into the

to sort out my window

so I can see some of the questions that are coming through

So just bear with

me one second.

Let me just see if I can see what questions

are coming through.

OK, so there's a couple of

questions here already. So this one, I think, is probably

for some of

you guys -

so it says, "Can we

work with occupational therapists when using the

technology to ascertain

cognitive ability?" I don't know if somebody from

the Stroke Association would like to

respond to that one and say how

if you are working with

occupational therapists,

I mean, you mentioned

speech and language therapists, Laura - is this

something you are able to

respond to? In terms of whether

we're working with

occupational therapists to work out the

right cognitive ability and select just

the right technology? Is that something

that you can speak to?

I'm not

sure about that. Probably you need to look at

it, maybe, and come back to

them, but not off the top of my

head.

OK, great.

So we'll come back to you

on that one.

It's Sian here

hi, from the

stroke helpline. Trish, we

don't work directly

with occupational therapists to ascertain cognitive

ability, particularly using

technology, but what we can do is

if you have somebody that

you want to talk through,

and have a client that you are working with or a patient that you are

working with, and you want to

talk through a particular case we can

talk that through with you on the

helpline. We won't give specific

kind of medical -

obviously, medical advice and, you know

obviously our knowledge around stroke is

generalist, it is not tech-specific

but we can certainly have a conversation with you on the

helpline and the

details will come up at the end of the

slide deck now.

That's great, thanks ever so much for that

Sian. And in terms of

there is a question here about

finding out whether there are volunteers like

Lawrence in the local area,

you can go through to our helpline for

that, so we will be sharing

the details of that at the end of the slide deck

as well. We do have 300

volunteers. But at the moment, as I say

we're providing

remote support, so, yeah,

we will be able to do

that.

Just scrolling through questions here - do

we have video demonstrations of the tech or apps

that we have mentioned

today? So, unfortunately, we had

that technical glitch, but

we will share the link to

My Stroke Guide in particular. There's some

brilliant video demonstrations

which the Stroke Association have posted

on YouTube and also on

their own site and we will

make sure that we share

the links to that afterwards

In terms of the apps

we don't have any video demonstrations of

the apps available, but we do have

a long list of

apps that you can use and, as

I say, our volunteers will be very willing to

support people if they needed

any help with those

there.

I'm just having another scroll through

the questions there.

OK, Lawrence, there is a specific

question - there is a couple coming up around

OrCam - one about the alternative that you

mentioned and whether you

know a price on that,

I don't know if you do, but I'm

sure we should look into it for

people?

I don't know a price for

it, but I can certainly find it out

and you can include it in the

pack that you send out.

Yes,

great, and a similar question about the

Sounding Board app. I don't know if you know what the cost

of that one is?

It's free.

It's

free, OK,

fantastic. I'm just going through

some questions here. Are we

able to remotely support individuals to set up

apps and programmes? We are.

We do have a system set up for providing

remote support and we can share some

details at the end of the presentation

and afterwards about how to

do that as well.

A specific question here from

Vicki, speech

and language therapist, "If I were to go out

and carry out an assessment and felt the

patient would benefit from using apps

and hadn't used computers before, are you able to

come out and provide support?"

Would I just need to contact you guys?

Yes, is the answer to that

I'm sure we would be able to provide that

support from a local volunteer. Obviously, at the moment

we're unable to do

face-to-face support for people

but we are very willing to

be involved with the local

Stroke Association groups and to support

people who need that support.

There's one about support in India

in terms of affordable technology

which I don't instantly have an answer

to, but welcome from

a long way away! I'm sure we can look into

that and see if there are - if

there's some support

there.

Just scrolling through

.. OK, a suggestion about

running a virtual group while we

can't meet in person. Sian, I don't know if

there's anything that you are aware of in terms of

the support that you are providing

at the moment, or if you have anything

running in terms of virtual groups - is that

one that you can take there?

I can't

find that question, sorry.

Sorry

it just says,

"Have you suggestions about running

a virtual group while we can't meet in person?"

OK. At the moment, the Stroke Association is looking at

an alternative way

of supporting people. The

priority for us at the moment is to be connecting with people

and we'll be doing that

through the phone, as that is the kind of

quickest and easiest way.

We are also then looking at how

we can develop that, including online

and virtual groups. So

no definites at the moment, but things

are moving pretty quickly

so watch

this space.

And I should add, as well, that in terms

of keeping in touch during

this challenging time - and we can share

that again afterwards - we have been working behind the

scenes to pull together something called

AbilityNet Live, which will be a

series of free weekly

webinars and the Stroke Association is kindly

partnering with us there as well, and

that will have lots of

tips for people on how

to use things like Zoom

video conferencing, how to

keep in touch during this time

using things like WhatsApp, and the first one of

those will be taking place on

7 April.

That will be a regular Tuesday

lunchtime slot and we can share the details of that afterwards

as well. So I'm just checking

in on time, because

it seems to have gone very

quickly today, our

webinar. So I'm just keeping

an eye on the clock

there. A

message here from Jill saying,

can we please

also mention there are other sources of support

as an aphasia specialist

I manage a charity for people affected

by aphasia with a tech

service and remote support

I'm sure we will be happy

if you drop us a line to

share details of that.

It says that they are already linked in with the Stroke Association

so I think, yeah, any support that we can

give to people

that would be great

And there is another specific question here

from Michael saying, in terms

of apps to support

short-term memory loss, Laura, I think

there were some apps in one

of the batches that you looked at there in terms of

the cognition and memory

There was a number of

apps that we've

missed and we can share them

afterwards. I will just check in with you on that

one. I can see Laura

nodding on her webcam

Thank you.

OK.

So I think we're

almost getting to the point

to start wrapping up, actually.

Any other questions coming through?

There is a question about

Northern Ireland and volunteers in the

Southern Trust region. A

quite specific question there.

I can certainly take that back to the guys

in the volunteer team and see whether we can answer

that question as well.

Emma has a question specifically for Laura in terms of

collaborating to decide what would

be helpful, based on your own

expertise. I don't know,

Laura, if

you or Sian have anything to say

on that but as was mentioned

the My Stroke Guide was very much a piece that was

designed in collaboration with stroke survivors

It was very much an exercise in co-

creation. Sian, do you have anything to

add on that one in terms of

collaborating?

Hi, yeah, absolutely. So

as Sarah said, My Stroke Guide, you

know, has been developed

with stroke survivors, but also

the work we're doing

as an organisation at the moment -

there's a project that's

partnership work between our digital

team and our

aphasia specialist looking at how we can

bring in stroke survivors and

work with stroke survivors to rate, if you

like, in

inverted commas,

apps. So we're developing a set

of criteria to underpin this

work and the

criteria are being developed with

stroke survivors as well. So

stroke survivors are involved in the

design of this

work and that kind of quality

assurance piece around

apps. So,

yes.

Brilliant, thank you.

OK, sorry, I'm just having a few

sound issues from my

end.

Great. So I hope you can

hear me. I am just going to put the last

poll up here, which is

as I say,

these are slides which have

further information in terms of where people can go.

So I'm not going to read all

of these out. I'm just going to

briefly - give a brief

overview. We have plenty of factsheets

on our website and there is an

AbilityNet helpline member there.

My Computer My Way is a

fantastic online tool which is free and which

can help you do things like

voice dictation on your

existing devices. We've already

mentioned the apps which Laura has

very kindly given us an

overview

of. And also some of the

answers to the specific

questions that we've had during the

course of the webinar

There are some links which

have been provided by the Stroke Association

here - very grateful to them,

again, for their collaboration in terms of

putting this webinar together but also providing

this signposting here

which is very helpful and the

slide deck, and a recording

and some further information will be

available to all of you after

the webinar.

Yep, a

link to

Headway who I am also

familiar with - a fantastic organisation to

help people affected by brain injury and just

a note there to say there is some information on

their website as well. So this is what we

mentioned earlier - the aphasia

software finder from the

Tavistock Trust for aphasia

They've got lots of information

in terms of apps there and there is also

a link here to some specific therapy

apps as well.

Lawrence?

Just to let

you know, I've downloaded one of the

one of those

apps from

Tactus and I'm about to

evaluate it.

OK, so keeping yourself informed,

which is fantastic, thanks for sharing

that, Lawrence. So I would just

like to say a big 'thank you' and we will

be sending everybody a feedback form after

the event, which will

include a

Q&A on further webinars

you might ask us to deliver. The

slides and the transcripts and a recording of the

webinar will also be made available to everyone.

Thank you so much for taking part and for

taking part in the polls and

submitting the Q&As. We haven't managed to

get through all of them

during the course of the webinar, but

there's plenty of information

that we can share afterwards. So

just to say a big thank you

to everybody

for taking part.